

**BA II Psychology 2015-16**

**Semester III - Personality Theories**

No. of Credits-4,

Marks 100 (25 internal, 75 external)

Course Objectives:

- 1) To introduce to the concept of Personality and its components
- 2) To position Personality as one of the important domains of understanding human behavior
- 3) To orient to various schools and theorizations of Personality

**Module I – Introduction to the study of Personality**

Credits	Lectures	Marks
1	15	25

Objectives:

After studying these modules, the learner will be able to

- Clarify the meaning of Personality as a concept
  - Grasp basic tenets of Personality theories
- 1.1 What is Personality Theory
  - 1.2 Basic assumptions concerning human nature
  - 1.3 Components of Personality theories
  - 1.4 Criteria for evaluating Personality theories

**Module II – Psychodynamic approach to Personality**

Credits	Lectures	Marks
1	15	25

After studying this module, the learner will be able to

- Clarify the meaning of Psychodynamics as a concept
  - Understand the Freudian approach to personality
- 2.1 Introduction to Psychodynamic Approach
  - 2.2 Psychoanalytical Perspective to Personality

## 2.3 Freudian Approach to

Personality - Levels of Consciousness

-Anatomy of Personality

## 2.4 Application of Psychoanalytical Theory

### **Module III –Behavioural and Social Learning approaches to Personality**

Credits	Lectures	Marks
1	15	25

After studying this module the learner will be able to

- Get acquainted with the Behavioural approach to Personality
- Understand Social Learning view of Personality

#### 3.1 Introduction to Behavioural Approach

#### 3.2 Skinner’s Basic Assumption of human nature

#### 3.3 Application of Operant Conditioning

#### 3.4 Introduction to Bandura’s Social Cognitive Perspective

### **Module IV – Humanistic approach to Personality**

Credits	Lectures	Marks
1	15	25

After studying this module the learner will be able to

- Understand the Humanistic approach to personality
- Understand the Maslovian and Rogerian approach to personality

#### 4.1 Introduction to Humanistic Approach

#### 4.2 Abraham Maslow’s Approach to Personality

- Hierarchy of Needs Theory

-Deficit motivation versus Growth motivation

- Basic Assumption concerning human nature

#### 4.3 Carl Roger's Approach to Personality

- Roger's Phenomenological theory
- Roger's basic assumptions concerning human nature

**Text book:** Larsen, J. & Buss, D. (2012) Personality Psychology: Domains of Knowledge about Human Behaviour, 5th Edition, McGraw Hill International Edition.

**Books for reference:**

Feist, J. & Feist, G. (2006) Theories of Personality, 6th Edition, Mc Graw Hill International Edition.

Hjelle, L. & Ziegler, D. (1992) Personality Theories, 3rd Edition, Mc Graw Hill International Edition.

**Internal Evaluation:**

Class Assignment

Power Point Presentations on Module II,III, IV