

## **B.A I Semester II Psychology 2015-16**

### **Title: Developmental Psychology: Adolescence to Late Adulthood**

#### **D.C.IV**

#### **Computer Code-245210**

No. of Credits-4

Marks -100(25-Internal, 75 –External)

Course Objectives:

The learner will be able to

1. Understand the process of physical, cognitive, social and personality across the age Groups i.e. Adolescence to late Adulthood
2. Foster interest in developmental psychology as a field of study
3. Appreciate implications and applications of various concepts in Developmental Psychology in daily life

#### **Module I Adolescence**

Objectives: After studying this module, the learner will be able to

- Understand Physical changes which adolescents experience
- Recognize the way in which Cognitive Development proceeds
- Identify factors related to Social and Personality development in adolescence

- 1.1. Physical maturation
- 1.2. Threats to adolescents' well-being
- 1.3. Identity: Self-concept and self-esteem .
- 1.4. Relationships: Family and friends
- 1.5. Dating, Sexual Behavior & Teenage Pregnancy

#### **Module II. Early Adulthood**

Objectives: After studying this module, the learner will be able to

1. Gain understanding about the Physical development and the risks to which young adults are exposed.
2. Appreciate the importance of Social and Personality development in early adulthood.
  - 2.1 Physical development and stress
  - 2.2. Cognitive development
  - 2.3 Forging Relationships
  - 2.4. The course of relationships
  - 2.5. Work and career

#### **Module III Middle Adulthood**

Objectives: After studying this module, the learner will be able to

1. Gain understanding and be able to evaluate Physical changes and Health in middle adulthood
2. Understand factors related to cognitive development
3. Understand the importance of Social and Personality development in early adulthood.
  - 3.1. Physical development and health
  - 3.2. Cognitive development
  - 3.3 Personality Development
  - 3.4. Relationships: Family in middle age
  - 3.5. Work and leisure

#### **Module IV Late Adulthood**

Objectives: After studying this module, the learner will be able to

1. Identify factors affecting physical development and health
2. Understand Cognitive development in old age
3. Evaluate the factors contributing to successful aging & relationships
4. Comprehend the process of dying, grief & bereavement
  - 4.1 Physical development and health
  - 4.2 Cognitive Development
  - 4.3 Personality Development,
  - 4.4 The daily life of late adulthood
  - 4.5 Relationships, Confronting death, Grief & Bereavement

#### **Textbook:**

- Feldman, R. S, (2015). Development across the life span .(7th Edition) Pearson Education. Dorling Kindersley (India) Pvt Ltd.

#### **Books for Reference:**

- Berk, L. E. (2006). Child Development.(7th Ed). New Delhi: Pearson Education Dorling Kindersley (India) Pvt Ltd.
- Crandell, T. L., Crandell, C. H., & Zanden, J. W. V. (2009). Human Development.(9<sup>th</sup> Ed). New York: McGraw Hill co. Inc.
- Papalia, D. E., Olds, S. W., & Feldman, R. (2004). Human Development.(9th Ed). McGraw Hill, international Edition
- Shaffer, D. R., & Kipp, K. (2007). Developmental Psychology: Childhood and adolescence. (7th Ed). Thomson Learning, Indian reprint 2007