



## **SNDT Arts and Commerce College for Women, Pune**

Esth: 5 July 1916

Constituent College of S.N.D.T. Women's University Mumbai  
Maharshi Karve Vidya Vihar , Karve Road Pune- 411038

### **Extra-Curricular Activity Sports**

Sports activities are an integral part of students' life. The sports department of SNDT Arts and Commerce College for Women always encourages healthy competitions to discover their potential, and develop sportsmanship, teamwork in competitions. Our students participate enthusiastically in all sports competitions and give their best performance.

For the games, we have two sports grounds on the Pune campus. Basket ball, volley ball courts are also there. Kabbadi, kho-kho ground is also available for the students. Well known sports teachers come to campus and give coaching to the students.

The Pune Campus has Gym with all modern equipments. The students, faculty can avail the facility of gym on the campus and become members. The well trained Gym trainers guide the members of the gym.

The sports department also encourages Adventurous sports. The campus has a climbing wall for practice. The department also organizes trekking during monsoon season.

Our college organizes and also participates Inter collegiate Wrestling, Throw ball, Tug of war, Kho-kho, Kabaddi, Taekwondo, Fencing Tournament tournaments. The students also participate in Ashwamedh tournaments.

Some of the promising students selected at Interuniversity level for different sports in last 45 years are: Ruchika Bhave Shivani Bhilare, Akshda Mande Rupali Pratiksha Nivangune, Rutika Honmane , Sayali Hanamghar, Sonal Kanade, Mayuri Shaligram , Ashwini Rathod, etc.

Some special features are:

1. SNDT women's University Kabaddi Team Won 3<sup>rd</sup> place in West zone at Nanded, Participated in all India Inter University at Shimla, and Won 2<sup>nd</sup> place in Ashwamedh Competition at Mumbai.
2. The College organises Adventure Activity Camp, at Pune Campus on for activities like Wall climbing, Rippling, Bridge Crossing.

3. The College organises monsoon track to Sinhagad Fort for the students.
  4. The College students participate in National level Enduro3' Monsoon night Adventure race from Katraj to Sinhagad in all female category and won prizes.
- Under the leadership of sports in charge Radhika Raut the students are performing at different level.

### Our Pride moments in 2019-20

<p>Ruchika Bhave won Gold Medal at South Asian Games 2019 at International Taekwondo competition held at Kathmandu, She has 13 national medals to her credit and participated in 5 international competitions</p>	<p>Eight students of our College are the members of SNTD Women's University Kabaddi team which secured 3<sup>rd</sup> place at West Zone Inter University Competition in December 2019</p>
	

### Glimpses of Sports achievements in past





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